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# **SACRED HEARTS & ST. STEPHEN R.C.CHURCH**

## **WWW.SacredHearts-StStephen.com**



## **SACRED HEARTS & ST. STEPHEN**

***St. Stephen's – Founded 1866  
Sacred Hearts of Jesus & Mary  
Founded 1882***

### **MASSES ON SUNDAYS:**

8:00 AM 10:00 AM & 12 NOON  
5:30 PM on Saturday

### **MASSES ON WEEKDAYS:**

Monday 12:00 Noon  
Tues. through Sat. 8:30 AM

### **CONFESIONS:**

Saturdays 4:45 P.M. as well as By Appointment.  
**For Holiday and Special Mass Schedules, please call  
the Rectory and press extension number 4 for specific  
details.**

***Rectory: 108 Carroll Street***

***Brooklyn, N.Y 11231***

***718-596-7750 tel***

***718-260-9233 fax***

**REV. MSGR. GUY A. MASSIE**

***Pastor***

**MRS. NANCY ARKIN**

***Director of Faith Formation***

***Religious Education***

**JOHN HEYER, II**

***Pastoral Associate***

**ROSE MARIE FOGLIA**

***Administrator***

**JAMES LAKE**

***Parish Organist***

**EVELYN TROESTER DEGRAF**

***Choir Director***

**LAURA RAMIREZ-GALEAS**

***Youth Minister***

**ANDREW DI MANZO**

***Sacristan***

**MICHAEL J. ENG**

**DONALD J. GLOCKNER, JR.**

***Parish Trustees and Advisors***

### **BAPTISMS:**

To prepare for the sacrament of Baptism, parents and godparents should plan to attend the 10:00 AM Mass on the second Sunday of the month followed by a Baptismal preparation meeting.

Parents must come to the Parish Office with a copy of the birth certificate one month before your planned Baptism.

### **SICK CALLS:**

Please call and arrange for the sacrament of anointing whenever anyone is seriously ill.

### **MARRIAGES:**

Please call the rectory at least 6 months ahead for an appointment with a Priest.

### **WELCOME:**

Adults who are interested in learning more about or joining the Catholic Faith please call the rectory. Adults who have not completed the sacraments of initiation (Eucharist and/or Confirmation) please call the rectory.

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### **ON LINE & CREDIT CARD GIVING: WWW.PARISH-GIVING.ORG. RECTORY OFFICE HOURS**

Monday thru Thursday 9:00 AM to 5:00 PM Friday 9:00 AM to 3:00 PM Saturday 9:00 AM to 1:00 PM  
Office closed Sunday

No evening hours at the present time.

IF YOU WISH TO SEE A PRIEST, PLEASE TELEPHONE FOR AN APPOINTMENT  
PLEASE REMEMBER SACRED HEART & ST. STEPHEN'S CHURCH IN YOUR WILL.

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# MASSES for the WEEK



**MON.** **FEBRUARY 19, 2017**  
Noon In Honor of the Holy Spirit

**TUE.** **FEBRUARY 20, 2017**  
8:30 Sue Kelly  
BY: Michael Bannon

**WED** **FEBRUARY 21, 2017**  
8:30 Francesca Forte  
Birthday Blessings (Deceased)

**THURS.** **FEBRUARY 22, 2017**  
8:30 Angelo Vergona  
BY: Loving Family

**FRI.** **FEBRUARY 23, 2017**  
8:30 Vincent J. Favorito  
BY Loving Family  
7:00PM Stations of the Cross/ English/Italian

**SAT.** **FEBRUARY 24, 2017**  
8:30 For The People of the Parish  
4:00/5:15 Eucharistic Adoration For  
The Victims of Violence  
5:30 PM Joseph Patti  
BY: Dee Hudson

**SUN** **FEBRUARY 25, 2017**  
8:00 Vincenzo Carannanti  
BY: Melania Lubrano  
10:00 Rita Columbo  
BY: Louis Pepe & Joseph Cerato  
12:00 Alice Gabriel  
BY: The Feliciano Family

## FINANCIAL INFORMATION

Sunday Collection for 2/11	\$ 3,232.00
Annual Weekly Expenses**	\$ 14,325.00
Difference:	-\$11,093.00

\*\* Total annual expenses divided by 52 weeks

## UPS AND DOWNS

Last week the temporary construction wall was removed from the entrance of the church revealing the section of the lobby where the elevator shaft has been installed. There are many new additions in these areas of the lobby including new lighting, handrails and a counter with a sink which will make weekly hospitality much easier for our volunteers. Our contractor will now be plastering the remaining two sections of the lobby so that he can paint everything at once. Likewise, most of the work in Cabrini Hall has been completed and the new entrance doors at Hicks Street have been installed. Our Religious Education program has begun to slowly return to Cabrini Hall once again as well as other parish organizations. Final approvals for the elevator apparatus are expected hopefully this month so that installation of the elevator can move forward allowing for 100% completion of the project thanks to your commitment to Generations of Faith.

We are continuing our class about Technology for Seniors. Meetings are held every Tuesday as follows:  
  
**SENIORS** (February, 20 & 27) @ 4:30 PM in Rectory Hall. All are welcome!  
 Bring your cell phone, tablet and/or computer.

## FEBRUARY IS NATIONAL HEART HEALTH MONTH KNOW YOUR NUMBERS YOUR GOALS SHOULD BE:

Blood Pressure	Blood Glucose
Optimal at 120/80 & no higher than 140/90	Less than 100 for fasting value

Total Cholesterol	Body Mass Index (BMI)
Less than 200	Less than 25 for women & men

LDL Cholesterol	Waist Circumference
Less than 100 or Less than 70	Less than 35" for women Less than 40" for men

If you have other risk factors

HDL Cholesterol	Daily Exercise
More than 60 optimal Less than 50 a risk for Woman, Less than 40	More than 30 minutes is ideal, but you should strive for at least 20 minutes

A risk for men

Triglycerides	Cigarettes Per Day
Less than 150	Zero and no secondhand smoke (more important for women)

# Sick Relatives & Friends

Please remember in your prayers the members of our parish and community who are ill, hospitalized or in nursing home care, most especially:

Jonelle Bernardo,	Mario Austi
Brad Hatry	Matthew Ruggiero
Michelle Laquercia	Irene Balen
Dolly Vergona,	Gloria Heyer
Angelo Vergona	Richie Boyle-Moriale
Judith Miller	Alissa Aquino
Michele Morea	Palma Caminiti
Carol DeMairo	Anthony Gambardella
Eileen Giannotta	Dominick Aiello, Jr.
Roe Gambardella	Elizabeth Foley
Kathleen Gunderson	Paul Girard
Ann Curcuru	Dora Zanzonico
Lamar McNabb	Anna Maria Marino
Carol Montelbano	Rev. Michael A. Carrano
John Scotto	Addy Wardropo



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Bread & Wine for the week of  
February 18th has been donated  
In Loving Memory of  
**ELIZABETH & FRANK LO PORTO**  
BY: Children & Grandchildren

## BOOK CLUB

Our next Book Club meeting will be on Monday, March 12th @ 7:00 PM in the Parish House. We will be discussing **NOBODY'S FOOL** by Robert Russo. All are welcome!

## DO YOU WANT TO FAST THIS LENT?

Fast from hurting words and say kind words  
Fast from sadness and be filled with gratitude  
Fast from anger and be filled with patience  
Fast from pessimism and be filled with hope  
Fast from worries and have trust in God  
Fast from complaints and contemplate simplicity  
Fast from pressures and be prayerful  
Fast from bitterness and fill your hearts with joy  
Fast from selfishness and be compassionate to others  
Fast from grudges and be reconciled  
Fast from words and be silent so you can listen.

REPENTANCE, RECONCILIATION,  
RECOLLECTION, REFLECTION, RENEWAL,  
RESURRECTION

## **THE GREAT AND HOLY SEASON OF LENT.**

This is a season which invites us to self examination before the Lord. Lent is both a journey to a deeper personal conversion to the Lord as well as a call to us as the community of the Church towards a deeper conversion to the Gospel of Christ. As a community, the Church universal reminds us that fasting, Almsgiving (charity) and Prayer are three columns of this season of grace. As a Catholic Community united throughout the world, we will abstain from meat on Ash Wednesday, all the Fridays of Lent and Good Friday. As a Catholic community united with the Church throughout the world, we will fast on Ash Wednesday and Good Friday by eating only one main meal. These regulations are applied to all ages 14 to 59. These regulations are minimal. We encourage all to fast and practice self denial at this time so as to meditate on the great things God has done for us through the Life, Passion, Death and Resurrection of Jesus. (Some may be unable to fast for health reasons. We encourage those who cannot fast to practice another act of self denial as would be in keeping with their situation.)

**DO NOT TRIVIALIZED THIS SEASON, RATHER MAKE A TIME OF TRUE INTROSPECTION.** Lent is a time for REPENTANCE, RECONCILIATION, RECOLLECTION, REFLECTION, RENEWAL, RESURRECTION. What in your life do you need to change? What bad habits do you need to address? What behaviors in your life enhance your relationships with the Lord and others and what behaviors hinder those relationships? Who do you need to forgive? From whom do you need to ask forgiveness? To whom have you been unjust? Do you love the Lord Jesus enough to ask for the grace to truly change?

Fasting helps us to self deny in a culture which needs instant gratification. Fasting and using the money saved from buying favorite foods which we have given up can be used to donate to a charity.

Prayer places us always in God's presence. Prayer unites us with the Lord. Prayer need not have words. It can be a silence in the Divine Presence of the Blessed Sacrament. Prayer can be a reflection on the Scripture reading. Prayer can just be a call for mercy. Too many words in prayer can be distracting. **LENT IS A GREAT SEASON FOR SPIRITUAL GROWTH AND MATURITY. MAY IT BE THAT FOR ALL OF US. PLEASE CONSULT THE BULLETIN FOR PRAYER OPPORTUNITIES HERE AT SHSS.** (Readings, Stations of the Cross, Adoration, Reconciliation times)

# From the Pastor

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Dear Parish Community,

Today is the First Sunday in Lent. Lent means spring. It is a reminder that nature is preparing for its renewal and new birth. Our spirits also look forward to springtime of new birth and renewal. Lent is a time for us to enter into a retreat mode. We are invited by the sacred texts of this season to examine our lives as we face again for the first time the great events of our salvation in the celebration of the Easter Triduum. The guides for our self-reflection are the baptismal promises which we will be invited to renew on Easter. No one is born Catholic. We may have been born into a Catholic family, but our Catholicism comes from our Baptism, Eucharist and Confirmation. As children or as young people, our parents who wanted to pass on the faith to us, make these faith decisions for us. While only God can impart the gift of faith, our religious education and the opportunities to grow in the faith were provided by the family and the church. While this is a good thing, I have a few questions. Have you made the faith your own? Are you a Catholic by choice or by habit? Have you ever thought of whether or not you really accept the Catholic faith in its entirety? If you were not Catholic, do you think you would be interested in Catholicism? Why are you Catholic now? Have you ever thought about it?

Do you renounce evil? Do you renounce the attraction of evil? Do you renounce Satan the prince of darkness and the father of lies? Do you believe in God, the creator of heaven and earth? Do you believe in Christ Jesus who died for our sins? Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the resurrection of the dead and life of the world to come?

May I suggest that you select one of these promises a week and think about each day? The first question of the Baptismal ritual may be helpful. Do you renounce evil? In the Gospel for today we read about the temptations of Christ. We are all tempted. In the Gospel, Christ defeats the temptation and wins for all of us the grace to do the same. Yet, we must enter into his struggle with evil and cooperate with his victory. Do you renounce evil? What is the evil in our lives? Do you believe that evil exists? Do we cooperate with it? What evil in our lives do we need more help in resisting? Evil is often predicated on half truths. Truth conquers evil. What truths do I need to face in my life so that I may be honest with myself, God and others? Do I will all that Christ wills for the world and myself? Lent is a time to grow in the Lord if you wish. Lent can be a great time for us to come to the faith renewed for the first time again.

Msgr. Guy A. Massie

## LENT at Sacred Hearts-St. Stephen

### Engaging the Mind during Lent

#### **Why do Catholics Do That?**

(30 minute discussions at 11:15AM over three Sundays in the Main Church)

The Meaning and Structure of the Mass-**February 25** with John Heyer

Decoding Symbols of Scripture and Sacraments-**March 4** with Msgr. Massie

The Church Calendar as the Image of Christ's Life-**March 18** with Nancy Arkin

### Engaging the Soul During Lent

#### **Stations of the Cross**

Fridays at 7PM in the Church

February 23

English/Italian

March 2

Stations for **Social Justice**

March 9

Stations re-enacted by the **Children** of the Parish

March 16

**Contemporary** Prayer Service centered on  
The Passion according to Mark

March 23

Stations for those facing **Grief and Loss**

#### **Eucharistic Adoration**

Saturdays from 4:00-5:15 PM in the  
Church

February 24

For the Intentions of **Victims of Violence**

March 3

For the Intentions of the **Poor & Vulnerable**

March 10

Adoration with **Children**

March 17

For the Intentions of those who seek **Healing**

March 24

For the Intentions of those facing **Grief & Loss**

**INFORMATION SHEET**

**CHURCH NAME AND ADDRESS**  
Sacred Hearts & St. Stephen #875400

**PHONE**  
718-596-7750

**CONTACT PERSON**  
Rose Marie Foglia

**SOFTWARE**  
Microsoft Publisher® 2002  
Adobe Acrobat 8.0®  
Windows XP Home® SP3

**PRINTER**  
HP® Laserjet 1320

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Cover + 4 text pages + this page = 6

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February 18, 2018

**TRANSMISSION TIME**  
Wednesday 1 PM

**SPECIAL INSTRUCTIONS**